

## PLAYER ELIGIBILITY

- Players must be 16 years of age or older. Players under 18 must have the waiver signed by a parent or legal guardian.
- At any time during the season, Hereford Sports & Wellness may request proof of eligibility.
- Before participating, players must complete the Zero Tolerance Waiver and have their picture taken.
- Any player may add on to a team during the season, but will be required to pay the full player fee.
- Players may only participate on one team per league.
- Team cost is \$250.
- Teams may add players prior to playing two games. Once the team has played two games, no additional players may be added.
- Teams must have the same color of jerseys with numbers.

## GAME RULES

- Teams playing with illegal players will result in a forfeit.
- A game will be considered a forfeit if one or both teams are not present or do not have the minimum five players required by 5-minutes after the game is scheduled to begin.
- After the game begins, teams may drop below five players due to injuries or fouls.
  - a. Teams may continue to play with as few as two players.
  - b. If a team is leading the game, they may continue with one player.
  - c. If a team is losing the game, they may not continue with one player. The game will be over.
- The game will consist of two 20-minute halves with a running clock. The clock will stop during the last 2-minutes of the second half.
- There will be a 5-minute halftime.
- Each team will have three 45-second timeouts per game.
- In the result of a tied game at the end of regulation, overtime will consist of one 2-minute period with a stopped clock.
  - a. There will only be one overtime period per game. If the score remains a tie, the game will be called a tie.
- The game will begin with a jump-ball. Each team will alternate possession from out of bounds for the duration of the game.
- Three-point shots will be allowed.
- There will be no shot clock.
- A 3-second lane violation will be enforced.
- The five-second closely guarded rule will be enforced.
  - a. If the ball-handler holds or dribbles the ball in their team's frontcourt while closely guarded for 5-seconds, it will result in a violation.
  - b. The defensive team will receive the ball out of bounds, closest to where the violation was committed.

## **GAME RULES CONT.**

- Dunking will not be permitted.
  - a. Violation of this rule will result in suspension from the remainder of that game and the team's next scheduled game.
  - b. Any person or player who dunks or hangs on the rim will be held responsible for any damages and may be suspended until reimbursements have been received.
- Once a team has committed seven personal fouls, the opposing team will be awarded one-and-one bonus free throw shots.
- Once a team has committed 10 personal fouls, the opposing team will be awarded double bonus or two free throw shots.
- Any player receiving two technical fouls will be suspended for the remainder of the game, plus a minimum of one additional game. They must also leave the facility at the time of their second

## **CODE OF CONDUCT**

- Profane, obscene, abusive, or degrading language in the presence of anyone attending a Hereford Sports & Wellness event is prohibited.
- Any act of physical violence or unnecessary act of violent aggression on the part of a player, coach, referee, or spectator shall be grounds for permanent expulsion from our programs. This policy also applies to any member of the Hereford Sports & Wellness professional or contracted staff.
- Accept the decision of the game officials on the court as being fair and called to the best of their ability. This does not mean a coach or captain cannot question a call in the proper manner.
- The use of drugs, alcohol, or tobacco in any form is not permitted while attending any Hereford Sports & Wellness event.